

A portrait of Dr. John Artis, a Black man with short dark hair, smiling. He is wearing a dark blue blazer over a light blue and white checkered button-down shirt. The background is a dark, solid color.

MEDIA KIT

**WHAT'S THE VISION
FOR YOUR LIFE?
DR. JOHN ARTIS**

DR JOHN ARTIS

Dr. Artis has spent over ___ years in his career in Chiropractic Care. As a chiropractor, author, speaker, and self-empowerment coach, he has a very unique perspective on the rapidly changing world of health. He is currently the CEO of Health on Earth Chiropractic and Rehab; a facility that helps people discover their full health potential through corrective care chiropractic, education about the body and nutritional counseling. As one of the largest practicing African American practicing chiropractors, he has worked personally with hundreds of schools, organizations, and thousands of people. Dr. Artis is a successful author. He writes on health, leadership, personal productivity, and overcoming obstacles. His book, *Overlooked: 7 Core Values that Can Not be Ignored*, has helped transform the lives of many people. His blog (www.DrJohnArtis.com) is one of the most popular and helpful health resources that is anchored in using faith in the body to heal itself. Most importantly, Dr. Artis is a caring and devoted family man. He and his wife, Shirlene have been married for 13 years. They raise their two children in the Chicago suburbs. He's an avid fan of Chicago sports teams and enjoys running, reading and music.

SOME SPEAKING TOPICS

- Thriving in Life
- Creating Extraordinary Health
- Overlooked - 7 Core Values that Can Not be Ignored
- Weight Loss - Fat Burner 101
- Dr Artis can tailor any session to your needs!

FEE SCHEDULE

One day, 1 session: \$700

One day retreat, 2 sessions: \$1500

Two day retreat, 2-3 sessions: \$3,000

Full Weekend Retreat: \$5,000



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SOCIAL MEDIA



dr | john artis

DR JOHN ARTIS

CHIROPRACTOR, SPEAKER, AUTHOR,
MENTOR

Health and Wellness In conventional medicine, the concept of Health and Wellness is generally neglected. Dr. Artis teaches chiropractic lifestyle, which is the concept of promoting healthy and balanced systems in the body, to move each person towards optimal health. This is aligned with the way the body is designed to heal. Dr. Artis teaches his patients that having faith in the body to heal itself is the 1st Foundation of Health and Wellness. He also teaches his core principles of Spinal Health, Physical Fitness, Healthy Eating, and Proper Rest.

Leadership Development/Executive Coaching

Everyone has the capacity to develop leadership skills in some respect. Dr. Artis has a special gift for helping cultivate the leaders around him. He believes that servanthood is the cornerstone to effective leadership. Dr. Artis teaches principles that inspire leaders to Dream Bigger. Your company or organization will only go as far as the leadership.

He can help you and/or your organization rise to the next level! **Motivation/Inspiration/Educational Speaking** Sometimes we will get stuck in a rut and need a little push or a different way to look at things. Whether it is trouble reaching goals or health challenges, Dr. Artis inspires people to make a viable plan for success while living in the Present (In the Spirit). This will undoubtedly change the culture of any organization.

Mentoring

Mentoring is for ALL ages. We all benefit when hanging around successful people. Dr. Artis has a passion for working with the youth and letting them know that they can do anything they put their minds to. His main priorities when mentoring are Health and Wellness and Making a Plan to be Successful.

